



2nd Annual Congress of the Cyprus Ophthalmological Society 1-2 October 2011

Under the auspices of the Cyprus Medical Association.

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President: Panikos Philippou MD
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Theodosios Kontos MD

Scientific Committee

Head: George Papamichael MD, PhD
Members: Menelaos Serghiou MD
Marios Vayianos MD
Christos Mavrommatis MD

Venue

Le Méridien Limassol Spa & Resort, 1 - 2 October 2011

Languages

Greek, English

Participation Certificate

Certificates of participation will be given to all registered participants by the secretariat on Sunday 2 October 2011 upon the submission of the evaluation form.

9 CME credit points will be given.

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Dear colleagues,

On behalf of the Cyprus Ophthalmological Society, I would like to welcome you to our 2nd Annual Congress. I would especially like to welcome our distinguished colleagues from Greece, UK and Russia and to thank them for their willingness to present very interesting topics to us.

We have, eventually, been able to establish on the small island of Cyprus, the annual congress of the Cyprus Ophthalmological Society. During this congress many interesting topics from the anterior and posterior segment, cataract, glaucoma and refractive surgery are going to be highlighted.

The standard of ophthalmological services in our country is high and comparable with that of the most developed countries, despite the fact that there is not yet a Medical School at the University of Cyprus.

I would like to warmly thank the members of the Scientific Committee, their hard and consistent work made this 2nd Ophthalmological Congress possible. Special thanks also to all the sponsors and exhibitors for their support.

The Ophthalmological Society is proud to host this congress in the beautiful and cosmopolitan city of Limassol, with its culture, attractions, magnificent scenery and exciting places to see.

I would also like to ask for your understanding for any possible shortcomings of our congress. In our effort to constantly improve ourselves and with a view to our next year's congress, we would like you to know that your suggestions are very important to us and will be greatly appreciated.

I wish you to have a nice time in Limassol.



Panicos Philippou MD, FEBO
President of the Cyprus Ophthalmological Society

Dear colleagues,

On behalf of the Scientific Committee of the Cyprus Ophthalmological Society I am delighted to welcome you to Cyprus for our 2nd Annual Congress.

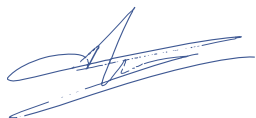
During this congress interesting topics from the anterior and posterior segment, the adnexa, electrophysiology and low vision care are going to be highlighted. You will have the opportunity to find out about new developments and innovations in ophthalmology. Another proportion of the talks will touch on commonly encountered problems in our outpatient clinics. I hope that you will find the content of the congress stimulating and that you will contribute with a constructive discussion.

In addition to the educational aspect of this congress, the excursion and the concert in the ancient theatre of Kourion on Saturday during the sunset will give us the opportunity to have an enjoyable and relaxing afternoon together.

I would like to thank all the speakers, especially our guests from the United Kingdom, Russia and Greece. It is an honour to have them with us.

Finally, I would like to thank the members of the Scientific Committee for their hard work and enthusiasm throughout the year and their contribution to making this congress a reality.

I hope you will find this meeting and your visit in Cyprus a rewarding and enjoyable experience.



George Papamichael MD, PhD
Head of the Scientific Committee

Speakers

G William Aylward MD FRCSFRCOphth
Consultant Vitreoretinal Surgeon
Moorfields Eye Hospital, [UK](#)

Paul Sullivan MD FRCSFRCOphth
Consultant Ophthalmic Surgeon
Moorfields Eye Hospital, [UK](#)

John Marshall Bsc, PhD, FmedSci, FRCPath,
FIBiol, FRCOphth, FCOptom, FARVO, FLIA, FRSA
Emeritus Professor of Ophthalmology
King's College London, [UK](#)

Yuri Takhtaev MD
Professor of the Chair of Ophthalmology
at St. Petersburg Medical Academy of Postgraduate Studies, [Russia](#)

Dr Alki Liasi
Consultant Electrophysiologist
Department of Ophthalmology
Great Ormond street Hospital, London, [UK](#)

Ioannis Ntountas MD, MSc, FEBO
Consultant Ophthalmic Surgeon, [Greece](#)

George Pappas MD
Consultant Ophthalmic Surgeon, Venizeleio Hospital, Heraclion
President of the Ophthalmological Society of Crete, [Greece](#)

Anastasios Kanellopoulos MD
Visiting Professor University of New York
"Laser Vision" Athens, [Greece](#)

Nikos Marcomichelakis MD
Consultant Ophthalmologist, "G Gennimatas" Hospital Athens, [Greece](#)

Anastasios-Georgios Konstas MD
Associate Professor of Ophthalmology, [Greece](#)

Ioannis Vergados MD
Associate Professor of Ophthalmology,
Medical school, University of Athens, [Greece](#)

Speakers

Iordanis Poulas MD

Consultant Ophthalmic Surgeon, Thessaloniki, [Greece](#)

Konstantina Koufala MD

Consultant Ophthalmic Surgeon, Athens, [Greece](#)

Theodosios Kontos MD

Consultant Ophthalmic Surgeon, Limassol, [Cyprus](#)

Petros Aristodemou MD

Consultant Ophthalmic Surgeon, Limassol, [Cyprus](#)

Dora Potamitou MD

Head of the department of Ophthalmology
Arch. Makarios III Hospital, Lefkosia, [Cyprus](#)

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Stylios Hadjikyriakou MD

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Arch. Makarios III Hospital, Lefkosia, [Cyprus](#)

Marios Lipsos MD

Resident, Department of Ophthalmology
Arch. Makarios III Hospital, Lefkosia, [Cyprus](#)

Maria Theocharides McOptom, BSc (Hons) Optometry, BSc Orthoptics
Orthoptist, Optometrist, [Cyprus](#)

Programme

Saturday 1 October 2011: Day 1

8:00	Registration
9:00	Welcoming G Papamichael, Head of the Scientific Committee Chair persons: G Papamichael, E Loukianou
9:10	Use of OCT in macular disease G Pappas, Greece
9:30	When to refer diabetic patients for vitrectomy P Sullivan, United Kingdom
9:50	Surgery for diabetic retinopathy G Aylward, United Kingdom
10:10	Discussion
10:20 - 10:40	Coffee break Chair persons: P Philippou, E Elias
10:40	Posterior segment trauma G Aylward, United Kingdom
11:00	Non-surgical treatment for glaucoma A Konstas, Greece
11:20	New techniques in glaucoma surgery I Vergados, Greece
11:40	Discussion
11:50	Official ceremony Dr A Demetriou President of the Pancyprian Medical Association Dr P Philippou President of the Ophthalmological Society of Cyprus
12:15	Lucentis and diabetic macular oedema. Facts and case presentations G Pappas, Greece <i>Satellite event - Novartis</i>

Programme

Saturday 1 October 2011: Day 1

13:00 - 14:30	Break for Lunch
	Chair persons: M Vayianos, A Glykeriou
14:30	“Phacotricks” in different cataract grades <i>Video presentation</i> Yuri Takhtaev, Russia
14:50	Management of dropped nuclei and dislocated intraocular lenses P Sullivan, United Kingdom
15:10	Weak zonula and phacoemulsification I Poulas, Greece
15:30	Operative strategy of astigmatism correction Yuri Takhtaev, Russia
15:50	IOL scleral fixation Th Kontos, Cyprus
16:10	Discussion
16:20	End of session
17:00	Excursion to Kourion Ancient Theatre - Guided Tour - Concert by the “Cyprus Quartet”
21:00	Official dinner at the Amathus Beach Hotel

Programme

Sunday 2 October 2011: Day 2

Chair persons: Th Kontos, Ch Constantinou

9:00	Refractive surgery - present and future A Kanellopoulos, K Koufala, Greece
9:30	Does refractive surgery weaken the eye? “The biomechanical answers” J Marshall, United Kingdom
9:50	The contribution of pentacam in the calculation of the IOL - power after Lasik or PRK I Poulas, Greece
10:10	Microwaves and cross linkage: at last a treatment for keratokonus J Marshall, United Kingdom
10:30	Improving refractive outcomes for the second eye in bilateral sequential phacoemulsification P Aristodemou, Cyprus
10:50	Discussion
11:00 - 11:20	Coffee Break
	Chair persons: Ch Mavrommatis, N Razis
11:20	Uveitis and macular oedema N Markomichelakis, Greece
11:40	Orbital inflammation: diagnosis and treatment I Ntountas, Greece
12:00	Electrophysiology in the early diagnosis and monitoring of visual dysfunction in children A Liasi, Cyprus
12:20	Modern aspects in the treatment of retinal vein thrombosis E Loukianou, Cyprus

Programme

Sunday 2 October 2011: Day 2

12:40	Entropion - Trichiasis: diagnosis and treatment I Ntountas, Greece
13:00	Discussion Chair persons: M Serghiou, D Potamitou
13:10	Low vision care in patients with maculopathy M Theocharides, Cyprus
13:20	Case reports 1. Bietti crystalline retinopathy with associated cystoid macular edema <u>A Tasiopoulou</u> , E Loukianou, C Demosthenous, D Potamitou, M Pipis, Cyprus 2. Topical Bevacizumab for corneal neovascularisation in a case with large epithelial defect <u>C Demosthenous</u> , E Loukianou, A Tasiopoulou, D Potamitou, M Pipis, Cyprus 3. The possible effect on the contralateral eye of an intravitreal bevacizumab injection on the other eye <u>S Hadjikyriakou</u> , E Loukianou, D Potamitou, M Lipsos, M Pipis, Cyprus 4. The therapeutic effect of intravitreal Bevacizumab (Avastin) in persistent hyphema due to rubeosis iridis in a diabetic patient <u>M Lipsos</u> , S Hadjikyriakou, E Loukianou, M Pipis, D Potamitou, Cyprus 5. A way to treat an extensive macular haemorrhage Th Kontos, Cyprus
13:50	Discussion
14:00	End of Congress

We would like to thank our sponsors for their support.

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