



# 5th Annual Congress

of the Cyprus Ophthalmological Society



**7-8 November 2014**  
Palm Beach Hotel, Larnaca

**Under the auspices of the Cyprus Medical Association.**



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## **Scientific Committee**

Head: George Papamichael MD, PhD  
Members: Menelaos Serghiou MD  
Petros Aristodemou FRCOphth  
Eleni Loukianou MD, MSc

## **Official Languages**

Greek, English (with live translation)

## **Congress Location**

Palm Beach Hotel, Larnaca

## **Congress Organisers**

SUNCARE Ltd  
Contact: Marina Varnava  
Tel: +357 25389191, +357 99727242  
Email: m.varnava@suncaredmc.com.cy

## **Registration**

Tel: +357 22755400, +357 22316916  
Fax: +357 22751014, +357 22317313  
Email: cyos.org@gmail.com

## **Registration Fees**

Ophthalmologists	€150
Trainees	€50
Paramedical Staff	€50
Opticians, Optometrists, Orthoptists	€100

## **Certificate of Attendance**

A Certificate of Attendance will be provided at the end of the congress, on Saturday 8th November 2014, after submitting the feedback form.

**10 CME credit points will be given.**

Dear friends,

I welcome you to the 5th Annual Congress of the Cyprus Ophthalmological Society.

Our meeting is small but of high scientific value. Experts from various countries will present their interesting topics.

I encourage you to get benefit from the high scientific program, the excellent weather and enjoy our hospitality.

Best regards,

A handwritten signature in blue ink, appearing to read 'Theodosios'.

Theodosios Kontos MD

President of the Cyprus Ophthalmological Society

Dear colleagues,

On behalf of the Scientific Committee of the Cyprus Ophthalmological Society I am delighted to welcome you to Cyprus for our 5th Annual Congress.

I would like to extend our warmest welcome to all our invited speakers, who have travelled to Cyprus to honour us with their presence. I hope that you will have a wonderful stay in Cyprus.

During this Congress interesting topics will be highlighted. You will have the opportunity to find out about new developments and innovations in ophthalmology as well as discuss problems that we commonly encounter in our outpatient clinics.

Finally, I would like to thank the members of the Scientific Committee for their hard work and enthusiasm and all those who have contributed to making this event a reality.

A handwritten signature in blue ink, appearing to read 'George Papamichael', with a long horizontal flourish extending to the right.

George Papamichael MD, PhD  
Head of the Scientific Committee

## Speakers

**Allon Barsam** MB BS MA FRCOphth  
Consultant Ophthalmic Surgeon, [UK](#)

**Harminder Dua**  
MBBS, DO, DO(Lond), MS, MNAMS, FRCS, FRCOphth, FEBO, MD, PhD  
Chair and Professor of Ophthalmology, University of Nottingham  
Honorary Consultant Ophthalmologist, [UK](#)

**Susan Lightman** MD PhD FRCP FRCOphth  
Professor of Ophthalmology, UCL Institute of Ophthalmology  
Consultant Ophthalmologist, Moorfields Eye Hospital, [UK](#)

**Mike Michaelides** BSc MB BS MD(Res) FRCOphth FACS  
Professor of Ophthalmology, UCL Institute of Ophthalmology  
Consultant Ophthalmic Surgeon, Moorfields Eye Hospital, [UK](#)

**Mandeep Sagoo** BSc, MB, PhD, MRCOphth, FRCS (Ed)  
Senior Lecturer, UCL Institute of Ophthalmology  
Consultant Ophthalmic Surgeon, Moorfields Eye Hospital, [UK](#)

**Yuri Takhtaev** MD  
Professor and Chair of Ophthalmology  
St. Petersburg Medical Academy of Postgraduate Studies, [Russia](#)

**Yianna Antoniou** MD  
Consultant Ophthalmic Surgeon, [Cyprus](#)

**Miltos Balides** MD PhD FEBO  
Consultant Ophthalmic Surgeon, [Greece](#)

**Antonis Christoforou** MD  
Consultant Ophthalmic Surgeon, [Cyprus](#)

**Alexandros Damanakis** MD  
Associate Professor, A' University Eye Clinic, Athens  
Consultant Ophthalmic Surgeon, [Greece](#)

**Ion Economides** MD  
Consultant Ophthalmic Surgeon, [Cyprus](#)

**Spyros Georgaras** MD, PhD  
Visiting Professor of Ophthalmology, Leipzig University  
Director of the Research and Therapeutic Institute "Ophthalmos"  
Founder of the HSIORS, [Greece](#)

## Speakers

**Vasilis Karambatakis MD**

Professor of Ophthalmology, Aristotle University of Thessaloniki, [Greece](#)

**Theodosios Kontos MD**

Consultant Ophthalmic Surgeon

President of Cyprus Ophthalmological Society, [Cyprus](#)

**Konstantina Koufala MD**

Consultant Ophthalmic Surgeon, [Greece](#)

**Dimitris Kyroudīs MD**

Consultant Ophthalmic Surgeon, [Greece](#)

**Eleni Loukianou MD, MSc**

Consultant Ophthalmic Surgeon, [Cyprus](#)

**Ioannis Mallias MD PhD**

Consultant Ophthalmic Surgeon, [Greece](#)

**Constantinos Moschou MD**

Consultant Ophthalmic Surgeon, [Greece](#)

**Michalis Palos MD**

Consultant Ophthalmic Surgeon, [Cyprus](#)

**Ioannis Panagopoulos MD**

Consultant Ophthalmic Surgeon

President of H.S.IO.I.R.S., [Greece](#)

**George Pappas MD**

Consultant Ophthalmic Surgeon, Venizeleio Hospital, Heraclion

President of the Ophthalmological Society of Crete, [Greece](#)

**Maria Theocharides MC Optom, BSc (Hons) Optometry, BSc Orthoptics**

Practice Manager, [Cyprus](#)

**Michalis Tsatsos MRCOphth**

Consultant Ophthalmic Surgeon, [Greece](#)

**Vasilios Tsingos MD**

Consultant Ophthalmic Surgeon, [Greece](#)

## Programme

Friday 7 November 2014: Day 1

14:30	<b>Registration</b>
15:30	<b>Welcome and Opening Ceremony</b> Greetings by: Dr George Papamichael, Head of the Scientific Committee Dr Theodosios Kontos, President of the Cyprus Ophthalmological Society Mr Andreas Louroutziatis, Larnaca Mayor
<b>SECTION</b>	<b>FEMTO ROUND TABLE</b> Moderators: Antonis Glykeriou, Antonis Aristidou
16:00	<b>Femto as a Flap maker &amp; ReLex</b> Michalis Tsatsos, Greece
16:15	<b>Femto for pockets &amp; inlays (The Kamra experience)</b> Ioannis Mallias, Greece
16:30	<b>Femto for Keratoplasties (PK &amp; Lamellar)</b> Miltos Balides, Greece
16:45	<b>Femto Cataract Surgery (One year experience)</b> Constantinos Moshou, Greece
17:00	<b>Discussion</b>
17:15	<b>Low Vision Workshop</b> Maria Theocharides, Cyprus
17:30	<b>Coffee break</b>
<b>SECTION</b>	<b>RETINA</b> Moderators: Eftychia Koussi, Petros Aristodemou
18:00	<b>Surgical management of Subretinal Haemorrhage</b> Theodosios Kontos, Cyprus
18:15	<b>Retinopathy of Prematurity</b> Ion Economides, Cyprus
18:30	<b>Macular Hole Surgery</b> George Pappas, Greece
18:45	<b>Retinal slippage following retinal detachment repair</b> Yianna Antoniou, Cyprus
19:00	<b>Discussion</b>
<b>SECTION</b>	<b>SATELLITE MEETING</b>
19:15	<b>Benefits of Aspheric Lenses for Patients</b> Allon Barsam, United Kingdom
19:30	<b>Clinical experience with the Rayner Toric Lens (T-Flex)</b> Allon Barsam, United Kingdom
19:45	<b>Discussion</b>
20:30	<b>Dinner</b>



## Programme

Saturday 8 November 2014: Day 2

<b>SECTION</b>	<b>CATARACT SURGERY</b> Moderators: Neoklis Razis, Marios Vayianos
9:00	<b>Scleral and Iris fixated IOLs</b> Miltos Balides, Greece
9:15	<b>Surgical Management of Zonular Dialysis</b> Yuri Takhtaev, Russia
9:30	<b>Incision integrity and temperature alteration of the corneal incision during MICS</b> Yuri Takhtaev, Russia
9:45	<b>Discussion</b>
<b>SECTION</b>	<b>UVEITIS &amp; ONCOLOGY</b> Moderators: Eleni Loukianou, Maria Krashia
10:00	<b>Intravitreal therapy and drug induced disease remission in uveitis</b> Susan Lightman, United Kingdom
10:15	<b>Decision making in uveitis with interesting cases</b> Susan Lightman, United Kingdom
10:30	<b>Masquerade Syndromes - 1</b> Mandeep Sagoo, United Kingdom
10:45	<b>Masquerade Syndromes - 2</b> Mandeep Sagoo, United Kingdom
11:00	<b>Discussion</b>
11:15	<b>Coffee break</b>
<b>SECTION</b>	<b>MACULA</b> Moderators: Elias Elia, Yiannis Archontides
11:45	<b>Cone Dysfunction Syndromes</b> Mike Michaelides, United Kingdom
12:00	<b>Gene therapy update in inherited retinal diseases</b> Mike Michaelides, United Kingdom
12:15	<b>Genetic factors in age related macular degeneration</b> Eleni Loukianou, Cyprus
12:30	<b>Discussion</b>
12:45	<b>Lunch</b>

## Programme

Saturday 8 November 2014: Day 2

<b>SECTION</b>	<b>CORNEA</b> Moderators: Pipis Minas, Antonis Ioannides
14:30	<b>Acute stage management of chemical burns</b> Harminder Dua, United Kingdom
14:45	<b>Ocular surface reconstruction following chemical burns</b> Harminder Dua, United Kingdom
15:00	<b>Surgical management of severe herpetic keratitis</b> Michalis Palos, Cyprus
15:15	<b>Clinical and surgical applications of the novel pre-Descemets layer (Dua's layer)1</b> Harminder Dua, United Kingdom
15:30	<b>Clinical and surgical applications of the novel pre-Descemets layer (Dua's layer)2</b> Harminder Dua, United Kingdom
15:45	<b>Discussion</b>
<b>SECTION</b>	<b>PAEDIATRIC OPHTHALMOLOGY</b> Moderators: Katia Papastavrou, Eleni Kontou
16:00	<b>The role of the orbital suspensory ligaments and the trochlea in squint surgery</b> Alexandros Damanakis, Greece
16:15	<b>Strabismus and refractive surgery in Children and Adults</b> Alexandros Damanakis, Greece
16:30	<b>Diagnostic Dilemmas in Paediatric Ophthalmology</b> Antonis Christoforou, Cyprus
16:45	<b>Discussion</b>
17:00	<b>Coffee break</b>
<b>SECTION</b>	<b>REFRACTIVE SURGERY</b> Moderators: Christos Constantinou, Giorgos Koursaris
17:30	<b>Intraocular contact lenses for the correction of high ametropias</b> Konstantina Koufala, Greece
17:45	<b>Optimizing outcomes of refractive surgery</b> Demitris Kyroudīs, Greece
18:00	<b>Discussion</b>

## Programme

Saturday 8 November 2014: Day 2

<b>SECTION</b>	<b>CATARACT SURGERY ROUND TABLE</b> Moderators: Theodosios Kontos, Petros Rasoglou
18:15	<b>Cataract Surgery in vitrectomised eyes</b> Ioannis Panagopoulos, Greece
18:30	<b>Uveitic Cataract</b> Vasilis Karambatakis, Greece
18:45	<b>Cataract surgery in the presence of corneal pathology</b> Miltos Balides, Greece
19:00	<b>Removal of intraocular implants</b> Spyros Georgaras, Greece
19:15	<b>Multifocal IOLs</b> Vasilis Tsingos, Greece
19:30	<b>End of the congress</b>
20:30	<b>Dinner</b>

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  - The buffer used (phosphate) occurs naturally in our organism.
  - Hyaluronic acid is part of the eye and helps to join the corneal epithelium and the tear film.

## Format

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