



3rd Annual Congress of the Cyprus Ophthalmological Society

6-7 October 2012



Under the auspices of the Cyprus Medical Association.



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Stavros Violetti MD

Scientific Committee

Head: George Papamichael MD, PhD
Members: Menelaos Serghiou MD
Petros Aristodemou MD
Eleni Loukianou MD

Official Languages

Greek, English (with live translation)

Congress Location

Le Méridien Limassol Spa & Resort

Congress Organisers

SUNCARE Ltd
Contact: Marina Varnava
Tel: +357 25389191, +357 99727242
Email: m.varnava@suncaredmc.com.cy

Registration

Tel: +357 22755400, +357 22316916
Fax: +357 22751014, +357 22317313
Email: cyos.org@gmail.com

Registration Fees

Ophthalmologists	€150
Trainees	€50
Paramedical Staff	€50
Opticians, Optometrists, Orthoptists	€100

Certificate of Attendance

A Certificate of Attendance will be provided at the end of the congress, on Sunday 7th October 2012, after submitting the feedback form.

9 CME credit points will be given.

Dear participants,

I proudly welcome you to the 3rd annual congress of the Cyprus Ophthalmological society.

International participation contributes towards improving the scientific standards of Ophthalmology in our country.

I believe this small, warm and friendly environment will facilitate the development of long lasting friendships, stimulate scientific discussions and benefit our specialty.

I invite you to have a good stay and enjoy our hospitality.

Warm regards,

A handwritten signature in blue ink, appearing to read 'Theodosios', written in a cursive style.

Theodosios Kontos MD

President of the Cyprus Ophthalmological Society

Dear colleagues,

On behalf of the Scientific Committee of the Cyprus Ophthalmological Society I am delighted to welcome you to Cyprus for our 3rd Annual Congress.

During this Congress interesting topics will be highlighted. You will have the opportunity to find out about new developments and innovations in ophthalmology as well as discuss problems that we commonly encounter in our outpatient clinics.

I would like to welcome all the speakers, especially our guests from Germany, Russia, the United Kingdom and Greece, who honor us with their presence.

Finally I would like to thank the members of the Scientific Committee for their hard work and commitment throughout the year, which has contributed in making this congress a success.

I wish you all a nice stay in Cyprus and hope that your visit will be a rewarding and enjoyable experience.

A handwritten signature in blue ink, appearing to read 'George Papamichael', with a stylized flourish underneath.

George Papamichael MD, PhD
Head of the Scientific Committee

Speakers

Prof. Dr. med. Jürgen Reimann
Professor of Ophthalmology, [Germany](#)

Yuri Takhtaev MD
Professor and Chair of Ophthalmology
at St. Petersburg Medical Academy of Postgraduate Studies, [Russia](#)

Philip Hykin MD, FRCOphth
Consultant Ophthalmic Surgeon,
Moorfields Eye Hospital, London, [UK](#)

Spyros Georgaras MD
Professor of Ophthalmology
Director of the Research and Therapeutic Institute “Ophthalmos”
Founder of the HSIORS, [Greece](#)

Athanasios Nikolakopoulos MD
Consultant Ophthalmic Surgeon
Chairman eye clinic at General Hospital of
Thessaloniki «George Papanikolaou»
Former President at Greek Vitreoretinal Society, [Greece](#)

Ioannis Panagopoulos MD
Consultant Ophthalmic Surgeon
President of H.S.IO.I.R.S., [Greece](#)

Georgios Mangouritsas MD
Director of NHS, Glaucoma department of the Red Cross Hospital
Vice President of the Hellenic Glaucoma Society, [Greece](#)

George Pappas MD
Consultant Ophthalmic Surgeon, Venizeleio Hospital, Heraclion
President of the Ophthalmological Society of Crete, [Greece](#)

Anastasios Kanellopoulos MD
Professor University of New York
“Laser Vision” Eye Institute, Athens, [Greece](#)

Demetrios Siganos MD PhD
Consultant Ophthalmic Surgeon
Vlemma Eye Institute, Athens, [Greece](#)

Speakers

Konstantina Koufala MD
Consultant Ophthalmic Surgeon, [Greece](#)

Demetrios Kyroudis MD
Consultant Ophthalmic Surgeon, [Greece](#)

Georgios Kymionis MD
Consultant Ophthalmic Surgeon, [Greece](#)

Miltos Balidis MD
Consultant Ophthalmic Surgeon, [Greece](#)

Vasilios Tsingos MD
Consultant Ophthalmic Surgeon, [Greece](#)

Pantelis Papadopoulos MD
Consultant Ophthalmic Surgeon, [Greece](#)

Theodosios Kontos MD
Consultant Ophthalmic Surgeon, Limassol, [Cyprus](#)

Theodoros Potamitis MD, FRCOphth
Consultant Ophthalmic Surgeon, [Cyprus](#)

Christos Constantinou MD
Consultant Ophthalmic Surgeon, [Cyprus](#)

Petros Aristodemou MD, FRCOphth
Consultant Ophthalmic Surgeon, [Cyprus](#)

Eleni Loukianou MD
Consultant Ophthalmic Surgeon, [Cyprus](#)

Katia Papastavrou MD
Consultant Ophthalmic Surgeon, [Cyprus](#)

Ioannis Kyprianou MD
Consultant Ophthalmic Surgeon, [Cyprus](#)

Marina Syrimi
Trainee in Ophthalmology, [UK](#)

Nestoras Nestoros
Trainee in Ophthalmology, [Cyprus](#)

Programme

Saturday 6 October 2012: Day 1

8:00	Registration
9:00	Welcome from the CyOS Scientific Committee
9:15	Opening Lecture: Autografts Spyros Georgaras, Greece
SECTION	ALTERNATIVE REFRACTIVE SURGERY Coordinators: Menelaos Serghiou, Elias Elia
9:30	Trifocal Intraocular Lenses Dimitris Siganos, Greece
9:45	Overview of modern technology in presbyopia surgery Yury Takhtaev, Russia
10:00	Multifocal toric Intraocular Lenses. The ideal refractive surgery? Dimitris Siganos, Greece
10:15	Discussion
10:30	Coffee Break
SECTION	RETINA Coordinators: George Papamichael, Minas Pipis
11:00	25+ Bimanual Vitrectomy using the Constellation platform and the EIBOS 2 wide-angle non-contact observation system Athanasios Nikolakopoulos, Greece
11:15	Tractional Macular Syndromes Petros Aristodemou, Cyprus
11:30	Internal Limiting Membrane: To peel or not to peel? Theodoros Potamitis, Cyprus
11:45	Diagnosis and management of diabetic macular oedema Philip Hykin, United Kingdom
12:00	Advances in the management of dry age-related macular degeneration Eleni Loukianou, Cyprus

Programme

Saturday 6 October 2012: Day 1

12:15	Current management of wet ARMD Philip Hykin, United Kingdom
12:30	Discussion
12:45	Official Ceremony
13:00	Entertainment
13:30	Lunch
SECTION	COMPLEX CATARACT SURGERY Coordinators: Theodosios Kontos, Petros Aristodemou
15:00	Iridoplasty and Intraocular Lens Fixation Spyros Georgaras, Greece
15:15	Performing phacoemulsification from a difficult starting point - Part I Jürgen Reimann, Germany
15:30	Performing phacoemulsification from a difficult starting point - Part II Jürgen Reimann, Germany
15:45	Surgical concepts in the management of challenging cataract cases Yury Takhtaev, Russia
16:00	Bimanual Microincision Vitreoretinal Surgery for Cataract Surgery Complications Athanasios Nikolakopoulos, Greece
16:15	Discussion
16:30	Coffee Break
17:00	Round Table Discussion CATARACT SURGERY OUT OF THE ORDINARY I Panagopoulos, S Georgaras, V Tsingos, A Kanellopoulos, P Papadopoulos, T Kontos
18:30	Discussion
18:45	End of Day 1
20:30	Official dinner



The presentation will be held in German. Simultaneous interpretation in Greek and English



Programme

Sunday 7 October 2012: Day 2

9:00	Round Table Discussion CONTROVERSIES IN REFRACTIVE SURGERY K Koufala, D Kyroudis, G Kymionis, M Balides, C Constantinou
10:30	Discussion
10:45	Coffee Break
SECTION	CORNEA - GLAUCOMA - ORBIT Coordinators: Panikos Philippou, Eleni Loukianou
11:15	What's new in cross linking? Anastasios Kanellopoulos, Greece
11:30	Discussion
11:45	Factors associated with failed trabeculectomy Georgios Magouritsas, Greece
12:00	Steroid-Induced Glacoma Katia Papastavrou, Cyprus
12:15	OCT: new advances Georgios Pappas, Greece
12:30	New trends in the management of thyroid eye disease Ioannis Kyprianou, Cyprus
12:45	Discussion
SECTION	FREE PAPERS
13:00	Topical cyclopentolate versus cyclopentolate spray? Variation in distress levels in paediatric outpatients Marina Syrimi, United Kingdom A Case of Ophthalmic parasitosis Nestoras Nestoros, Cyprus
13:20	Discussion
13:30	End of the Congress

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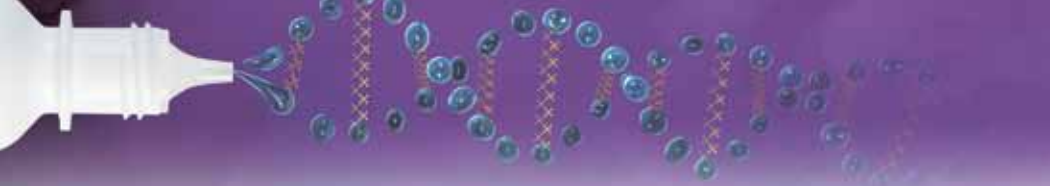
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1. Rizzo S, et al. Comparative Study of the Standard 25-gauge Vitrectomy System vs the New Ultra high-speed Vitrectomy System. Retina Today. September issue, 2010. 2. Data on File. Alcon Research 954-2020-003. 3. Nagpal M, Wirtkar S, Nagpal A. Comparison of clinical outcomes and wound dynamics of sclerotomy ports of 25, 25, and 25-gauge vitrectomy. Retina. 2009;29(2):225-231. 4. Dr J Zacharias, ACRS 2010 Film Festival. Best Video of Category. JCRS (To be submitted) 5. Alcon data on file 154-0000-004. AlconRetina.com